



Illustrated Islamic Jurisprudence for the Acts of Worship

Simplifying and Teaching the Rules of Islam

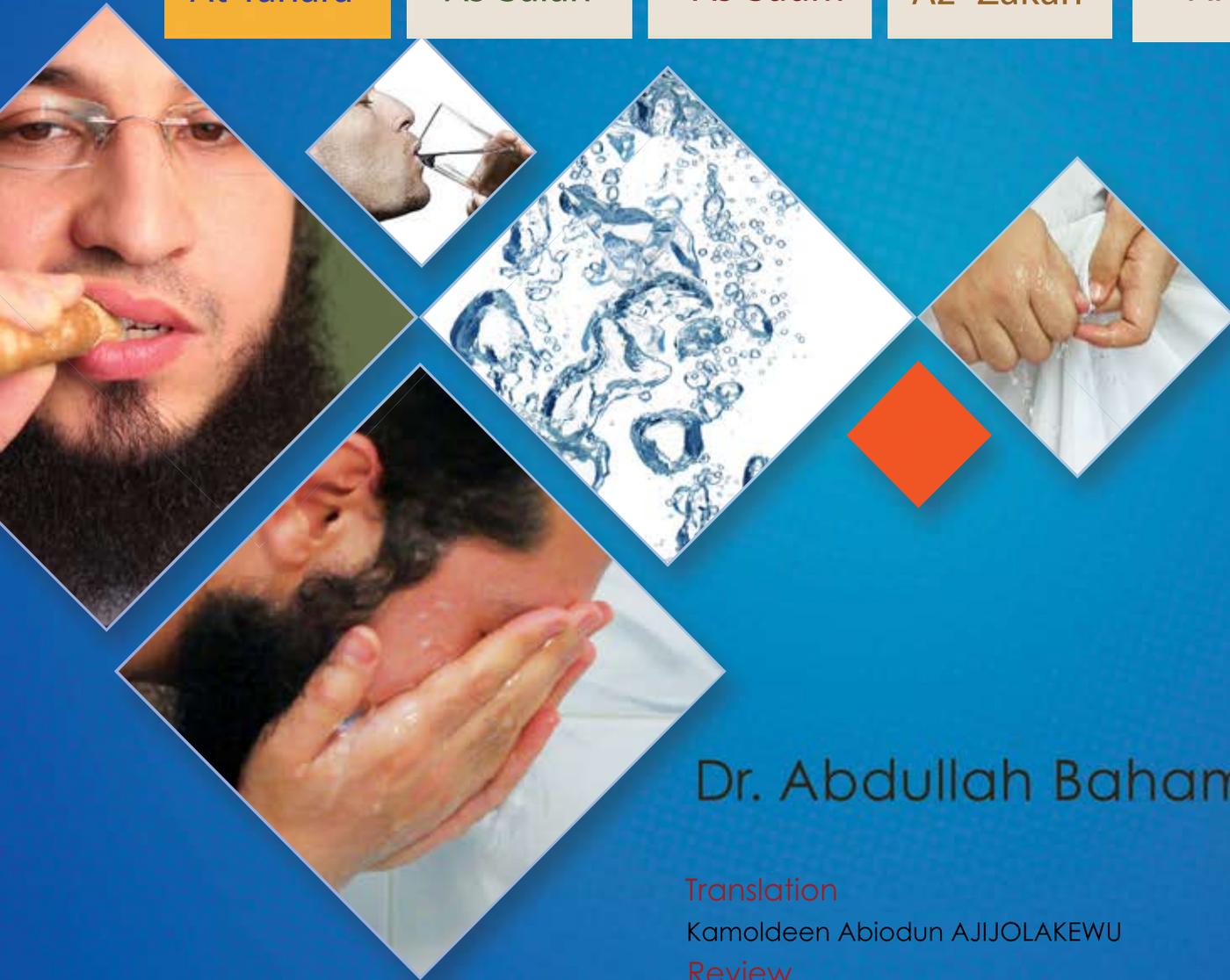
At-Tahara

As-Salāh

As-Saum

Az- Zakah

Al-Hajj



Dr. Abdullah Bahammam

Translation

Kamoldeen Abiodun AJIJOLAKEWU

Review

Dr. Abdul-Razzaq Abdul Majeed Alaro

Dr. AbdulRaheem Kajogbola Omoloso

The Practices of Al-Fitrah

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The Practices of Al-Fitrah

They are acts that produce the natural disposition that Allah created mankind upon. With them, a human being becomes complete and exists in the best form and appearance.

A'ishah (may Allah be pleased with her) reported that the Prophet ﷺ said: "Ten things are part of Al-Fitrah: trimming the moustache, letting the beard grow, using As-Siwak, snuffing up water into the nose (in ablution), clipping the finger and toe nails, washing the knuckles, plucking the armpit hair,

removing the pubic hair, cleaning the private parts with water after using the toilet, rinsing out the mouth with water."⁽¹⁾

1. As-Siwak

As-Siwak

It is a piece of stick from the Arak tree used to brush the teeth and rid them of food, particles, and odor.

The use of Siwak is encouraged at any time of the day. The Prophet ﷺ said: "As-Siwak is purification for the mouth and pleasing (to) the Lord (Allah The Most High)"⁽²⁾.

Its use is especially recommended for the following:

1. During Ablution

The Prophet said: "Were it not that I might overburden my followers, I would have ordered them to use the Siwak every time they make wudu'."⁽³⁾

2. Before Aş-Şalāh

The Prophet ﷺ said: "Were it not that I might overburden my followers, I would have ordered them to use the Siwak at (the time of) every Salah."⁽⁴⁾

3. When Entering the House

Narrated Al-Miqdam from his father ؓ that he said: "I asked A'ishah (may Allah be pleased with her) , 'What does the Prophet ﷺ do first when he enters his house?' She replied: 'He uses As-Siwak.'"⁽⁵⁾

(1) narrated by Muslim.
 (2) narrated by Ahmad.
 (3) narrated by Ahmad.
 (4) agreed upon.
 (5) narrated by Muslim.



4. After Waking up from Sleep

Hudhaifah رضي الله عنه said: “When the Prophet ﷺ wakes up in the night, he cleans his mouth with Siwak.” ⁽¹⁾

5. Before Reading the Qur’an

Ali رضي الله عنه narrated, when he ordered people to use the Siwak, that the Prophet ﷺ said: “Indeed, when a servant (of Allah) (exalted be He) uses the Siwak, then stands for prayer, an angel stands behind him to listen to his recitation. He (the angel) moves closer to him until he places his (the angel’s) mouth on his (the reciter’s) mouth, and there is nothing that comes out of his mouth of what he recites except that it is in the stomach of the Angel. So clean your mouth before reading the Qur’an.”⁽²⁾

2. Rinsing the Mouth and Nose Out with Water

Rinsing the Mouth Out with Water

This is done by putting water into the mouth and swishing it around.

Rinsing the Nose Out with Water

This is done by gently inhaling water into the nose and then blowing it out.

(1) narrated by Al-Bukhari.

(2) narrated by Al-Bazzar.



Benefits of Using the Siwak

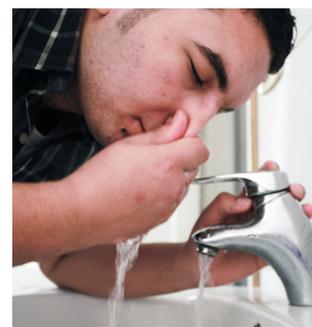
From the benefits of the Siwak is that it’s purification for the mouth in this world, pleasing to our Lord – Allah the Mighty and Majestic - in the hereafter, it strengthens the teeth, thickens the gums, clears the voice and invigorates its user.



3. Al-Istinjaa



Rinsing the Mouth



Rinsing the Nose

Al-Istinjah

Al-Istinjah is the removal of the traces of urine and/or feces by washing the private parts with water after relieving oneself.

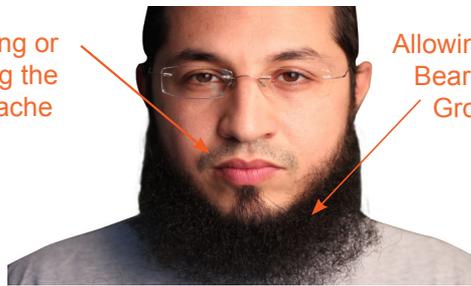
The Chapter of Purification

4. Trimming of the Moustache

What is intended by the trimming of the moustache is grooming it properly and looking different from the disbelievers.

5. Letting the Beard Grow

It is leaving the beard as it is and not removing any of it or shaving it.



Trimming or Shaving the Moustache

Allowing the Beard to Grow

Shaving the Beard

Shaving the beard is forbidden because the Prophet ﷺ ordered the men to grow it. The Prophet ﷺ said: “Trim the moustaches, leave the beards, and be different from the magians.”⁽¹⁾

(1) Narrated by Muslim.

6. Removing the Pubic Hair

Removing the Pubic Hair

Shaving/Cutting the pubic hair surrounding the private parts.



The Benefit of Removing the Pubic Hair

It has been proven scientifically that shaving pubic hair maintains the health and well-being of the skin; and that the presence of hair on this part of the body frequently causes skin rashes and irritations.



7. Circumcision for the Male and Trimming for the Female (Female Circumcision)

Circumcision

This is the removal of the foreskin from the head of the penis.

Trimming – Female Circumcision

It is the reduction of the extra skin above the clitoris.

Circumcision is for males while trimming is for females. This is according to the hadith where the Prophet ﷺ ordered Umm ‘Atiyyah thus: “Be light in your cutting and do not remove any flesh (i.e. just trim the foreskin that’s over the clitoris), for it gives (some) smiles to her face and brightens it, and is more pleasing for her husband.”⁽¹⁾

Circumcision is obligatory for the males and recommended for females. The reason for this is that circumcision promotes good hygiene for males and trimming helps in the general wellbeing of females.

(1) narrated by Al-Hakim

8. Clipping the Finger and Toe Nails

It is cutting, trimming and/or filing the nails to avoid them growing long.



Trimming the Nails

9. Plucking/Shaving the Hair under the Arm

It is the removal of the hair growing in the armpit. By so doing, neatness is achieved and bad odor associated with hair growing there is avoided.

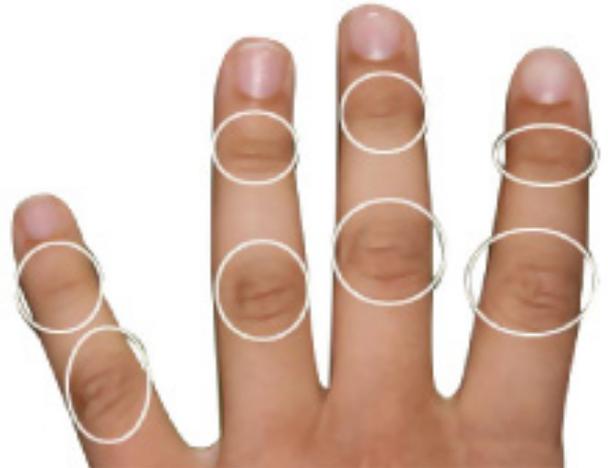


Plucking/Shaving the Hair from the Armpits

10. Washing the Knuckles

The Knuckles

These are the joints of the fingers as seen from the back of the hand.



Some scholars have added to the above the dirt that collects around the ears and neck, and some other parts of the body.



Forty Days

It is disliked to leave the fingernails, armpit hair, pubic hair, and moustache unattended to for more than forty days. Anas Ibn Malik رضي الله عنه said, “The Prophet ﷺ prescribed a time limit for the trimming of the moustache, clipping the nails, and shaving the pubic hair and the armpit; they should not be left unattended to for more than forty days.”⁽¹⁾

(1) narrated by Muslim.

